KITCHEN OPEN 7 DAYS / WEEK 'TIL 2PM<br>All food is made to order from high quality, organic<br>ingredients so at busy times there will be a longer wait<br>SEE COUNTER FOR DAILY PASTRIES \& HOMEMADE CAKES

## FROM THE KITCHEN

## LIGHT BRUNCH

SKYR YOGHURT \& FRESH FRUIT BOWL - 9<br>Seasonal fresh fruit \& berries, seeds \& agave syrup w/ thick Icelandic yoghurt<br>\section*{OVERNIGHT PB \& BANANA OATS - 8}<br>Organic jumbo oats \& chia seeds soaked overnight in oat milk, maple syrup and peanut butter. Topped w/ banana, blueberries, maple syrup \& toasted almond flakes<br>\section*{APPLE \& CINNAMON BIRCHER MUESLI - 7}<br>Apple, granola, cinnamon \& yoghurt bircher, topped w/ dried cranberries, pistachios \& pumpkin seeds

SMASHED AVOCADO ON TOAST - 8
Avocado on toast w/ pumpkin, sesame \& sunflower seeds, chilli flakes, sea salt, olive oil \& lemon wedge

## SIDES

TOAST w/ BUTER/PRESERVES - 4
POACHED CLARENCE COURT EGGS - 4
HALLOUMI - 5
MIXED DRESSED SALAD w/ SEEDS - 4

## BIGGER PLATES

## HALLOUMI STACK - 14

Halloumi, avocado, tomatoes, toasted pine nuts, mixed seeds, chilli flakes \& dressing on a toasted sourdough bagel or dressed green salad

## GRILLED SOURDOUGH FLATBREADS -12

PUTTANESCA | Sicilian puttanesca sauce w/ olives, capers, red onion, chillies, rocket \& Parmesan shavings PESTO \& MOZZARELLA | Homemade pesto , red onion, mozzarella, rocket \& pine nuts

## GRILLED CHEESE SANDWICH - 10

Organic Croxton Manor mature cheddar toasted in thick bread, served w/ a dressed green salad \& topped w/ seeds. Add your choice of Caramelised Onion Chutney or Hot Chilli Jam

## BLACK BEAN QUESADILLA - 10

Black beans, spring onions, grated cheddar \& coriander toasted in a tortilla wrap. W/ soured cream, hot chilli sauce, coriander, mixed seeds \& lime

GOATS CHEESE \& BEETROOT OPEN SANDWICH ON RYE \& CARRAWAY TOAST - 9
w/ walnuts, rocket \& honey mustard dressing

PLEASE INFORM US ABOUT ANY ALLERGIES OR DIETARY REQUIREMENTS PRIOR TO ORDERING

